

Current Research Suggests

- A large number of combat Veterans have had NDEs or similar events
- Veterans' healthcare providers know almost nothing about these experiences
- Healthcare professionals overwhelmingly want training about these Veterans' care issues

Why Most Healthcare Providers Don't Know about NDEs

- Veterans hide their NDEs for fear of being misunderstood or misdiagnosed
- Most healthcare professionals don't ask Veterans about NDEs
- NDEs may occur with PTS and/or TBI (traumatic brain injury) and may be mistaken for these other conditions

Groundbreaking Veterans' NDE Video



- Features healthcare professionals, and Veterans
- Recognizes NDEs as a Veterans' care issue
- Helps fill a Gap of Care for Veterans
- Addresses needs of Veterans' organizations, individual Veterans, and their families

Trailer/Preview available at
www.IANDS.org/vetvideo

NDEvideo
.com

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Understanding **Veterans' Near-Death Experiences**



New Video



International Association for Near-Death Studies

IANDS is the informational and network-
ing center in the field of near-death stud-
ies, the first organization in the world de-
voted to exploring near-death and similar
experiences. .

A Near-Death Experience, or NDE, is a
profound psychological event that may
occur to a person close to death or in a
situation of physical or emotional crisis.
Being in a life-threatening situation does
not, by itself, constitute an NDE. NDE is a
recognizable pattern of perceptions which
transcend ordinary experience. NDEs
happen to people in all walks of life and
are fairly common. They do not indicate
mental illness.

To Order
"Understanding Veterans' NDE" DVD
or
To Donate to Help Promote this
Video for Veterans
Who have had NDEs
Contact

IANDS.org/vetvideo
IANDS: 919-383-7940

Potential Benefits of NDE Training for Veterans

- Fills a gap in Veterans' care
- Provides information and reassurance about NDEs
- Educates about possible aftereffects
- Protects Veterans from potential psychological harm
- Helps relieve Veterans' anxieties
- Reassures families
- Helps avoid misdiagnosis
- Distinguishes NDE from PTSD & TBI
- May reduce need for medication
- Provides healthcare professionals with a response protocol for NDEs and related events
- Saves expense for unneeded treatment
- Increases Veterans' satisfaction with care provided

Aftereffects of NDEs

Veteran NDErs can suffer from feel-
ings of alienation and depression,
especially if they feel compelled to hide
their experiences, not wanting to risk
ridicule, judgment and lack of under-
standing by others.

Evidence suggests that non-disclosure
of significant personal experiences
increases physical and psychological
stress. This stress adds to the physical
and emotional challenges caused by
events that originally led to the near-
death experience itself. Thus, misun-
derstood and unprocessed NDEs may
be traumatizing, compounding the
effects of physical injuries, as well as
PTS and TBI, and magnifying feelings
of confusion, fear, and isolation. **With-
out help Veterans may suffer these
aftereffects for a lifetime.**

For more information on aftereffects
visit [http://iands.org/ndes/about-ndes/
common-aftereffects.html](http://iands.org/ndes/about-ndes/common-aftereffects.html)