Current Research Suggests

- A large number of combat Veterans have had NDEs or similar events
- Veterans’ healthcare providers know almost nothing about these experiences
- Healthcare professionals overwhelmingly want training about these Veterans’ care issues

Why Most Healthcare Providers Don’t Know about NDEs

- Veterans hide their NDEs for fear of being misunderstood or misdiagnosed
- Most healthcare professionals don’t ask Veterans about NDEs
- NDEs may occur with PTS and/or TBI (traumatic brain injury) and may be mistaken for these other conditions

Features healthcare professionals, and Veterans
Recognizes NDEs as a Veterans’ care issue
Helps fill a Gap of Care for Veterans
Addresses needs of Veterans’ organizations, individual Veterans, and their families

Trailer/Preview available at www.IANDS.org/vetvideo
Potential Benefits of NDE Training for Veterans

- Fills a gap in Veterans’ care
- Provides information and reassurance about NDEs
- Educates about possible aftereffects
- Protects Veterans from potential psychological harm
- Helps relieve Veterans’ anxieties
- Reassures families
- Helps avoid misdiagnosis
- Distinguishes NDE from PTSD & TBI
- May reduce need for medication
- Provides healthcare professionals with a response protocol for NDEs and related events
- Saves expense for unneeded treatment
- Increases Veterans’ satisfaction with care provided

Veteran NDErs can suffer from feelings of alienation and depression, especially if they feel compelled to hide their experiences, not wanting to risk ridicule, judgment and lack of understanding by others.

Evidence suggests that non-disclosure of significant personal experiences increases physical and psychological stress. This stress adds to the physical and emotional challenges caused by events that originally led to the near-death experience itself. Thus, misunderstood and unprocessed NDEs may be traumatizing, compounding the effects of physical injuries, as well as PTS and TBI, and magnifying feelings of confusion, fear, and isolation. Without help Veterans may suffer these aftereffects for a lifetime.

For more information on aftereffects visit [http://iands.org/ndes/about-ndes/common-aftereffects.html](http://iands.org/ndes/about-ndes/common-aftereffects.html)