Following is a short list of books to help you get started learning about the near-death experience (NDE). Within each category, the resources appear in alphabetical order by author.

**Classic**
Ring, K. (1985). *Life at death: A scientific investigation of the near-death experience*. The first scientific attempt to describe the NDE itself. Most other researchers have corroborated the findings reported in this book.

**General/Introductory**
Ring, K., & Valarino, E. E. (1998). *Lessons from the light: What we can learn from the near-death experience*. Portsmouth, NH: Moment Point Press. The most recent, and probably last, book by one of the foremost near-death researchers. Addresses what non-NDEs can learn from the NDE.

**Aftereffects**

**Autobiographical/Biographical**
Suleman, A. (2005). *A passage to eternity*. Calgary, Alberta, Canada: Amethyst Publishing. Rare account of a Moslem woman’s NDE, including her interpretation based on her upbringing in the mystical Shia branch of Islam.
Several authors. *When ego dies: A compilation of near-death and mystical conversion experiences*. Houston, TX: Emerald Ink. A variety of experiencers tell about their experiences and how those experiences affected them.

*Building global understanding of near-death and near-death-like experiences through research, education and support.*
Distressing

Diverse Populations and NDEs
Dale, L. (2001). Crossing over and coming home: Twenty-one authors discuss the gay near-death experience as spiritual transformation. Houston, TX: Emerald Ink. Gay and lesbian NDErs describe their experiences and aftereffects.
VandenBush, B. (2003). If morning never comes. North Platte, NE: The Old Hundred and One Press. Description of a rarely-reported military combat NDE told in full context of the Viet Nam war. The author’s experience decades ago has poignant relevance to soldiers in combat today.

Hospice and Nearing Death Awareness

Skeptic’s perspective

NDE-Related Experiences

ALSO... Visit the IANDS website for audiotapes from annual IANDS conferences and for articles from the IANDS journal and Vital Signs newsletter: http://www.iands.org

Revised: Fall, 2005